

# Wires, Catheters, and More: A Primer for Residents and Fellows Entering Interventional Radiology<sup>1</sup>

Benjamin G. Northcutt, MD  
Anjuli A. Shah, MD  
Yun R. Sheu, MD  
Lemore Carmi, MD

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<sup>1</sup>From the Russell H. Morgan Department of Radiology and Radiological Science, Johns Hopkins Hospital, 601 N Caroline St, Room 4210, Baltimore, MD 21287. Presented as an education exhibit at the 2013 RSNA Annual Meeting. Received October 2, 2014; revision requested December 8 and received January 7, 2015; accepted January 19. All authors have disclosed no relevant relationships. **Address correspondence** to B.G.N. (e-mail: [bnorthc1@jhmi.edu](mailto:bnorthc1@jhmi.edu)).














*The full digital presentation is available online.*

Residents and fellows entering the field of interventional radiology often lack knowledge regarding the appearance, basic properties, and uses of various interventional needles, wires, catheters, and sheaths. They often are unfamiliar with the basic nomenclature surrounding these tools and do not understand the interrelationships of the French, inch, and gauge measurement systems. In addition, they may lack understanding about why one wire, catheter, sheath, or needle should be used rather than another. This knowledge deficit can lead to inefficiency and confusion for the training radiologist during interventional procedures and can potentially compromise patient care. A consolidated resource that contains this information is not widely available in textbooks or other literature.

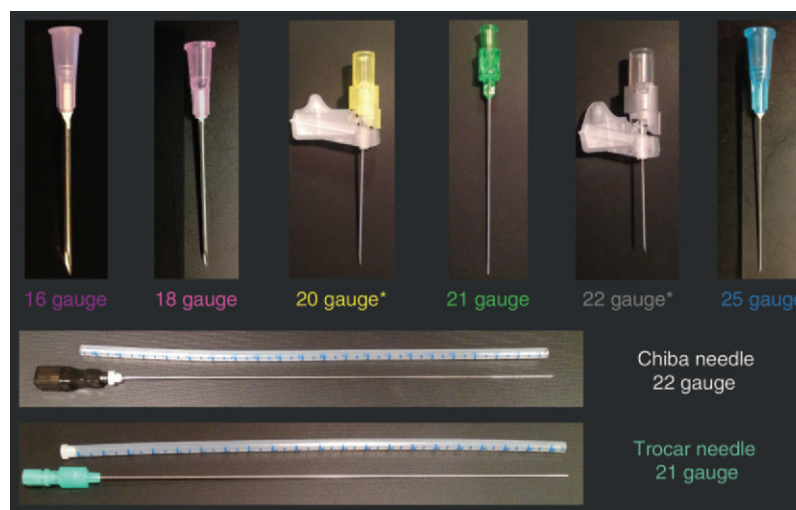
## TEACHING POINTS

- An image-rich chart that lists wires according to diameter, stiffness, and hydrophilic or nonhydrophilic property provides residents and new fellows with information to identify and understand the characteristics of different interventional wires.
- Knowledge of the nomenclature and conversion principles related to wires, catheters, needles, and sheaths aids in problem solving when interventional tools with different units of measure are used.
- Needles are color coded for easy identification, and sheath size correlates with sheath color.
- Practice cases that describe common procedures allow radiology residents and fellows to use the knowledge gained to select the appropriate needle, catheter, wire, or sheath for a particular procedure.

**Figure 1.** Chart shows commonly used types of interventional wires organized by diameter (in inches), stiffness (low [–] to high [+]), and hydrophilic or nonhydrophilic property. (Glidewire, Stiff Glide: Terumo Medical, Somerset, NJ; V18, Amplatz, Meier: Boston Scientific, Marlborough, Mass; Nitrex: ev3, Plymouth, Minn; Cope, Roadrunner, Benton, New Yorker, Rosen, Lunderquist: Cook Medical, Bloomington, Ind.)

Diameter	Hydrophilic		Nonhydrophilic	
	– ---Stiffness--- +		– ---Stiffness--- +	
0.018"				
	Glidewire	V18	Nitrex	Cope
0.035"	– ---Stiffness--- +		– ---Stiffness--- +	
				
	Glidewire	Stiff Glide	Road Runner	Bentson
				
			New Yorker	Lunderquist
				
			Rosen	Amplatz
				
				Meier

**Figure 2.** Photograph shows basic needles organized by gauge. The color-coded hub can be used to identify the needle gauge. \* = safety lock attached. (All needles shown are produced by Cook Medical.)



The full online presentation provides a pictorial guide that showcases the basic needles, wires, catheters, and sheaths used in interventional radiology (Figs 1, 2) and describes their identifying features and nomenclature. Wires are described according to their diameter, stiffness, and hydrophilic or nonhydrophilic property. Knowledge of the nomenclature and conversion principles related to wires, catheters, needles, and sheaths aids in problem solving when interventional tools with different units of measure are used. Case studies are presented to allow radiology residents and fellows to apply this knowledge to commonly encountered situations in interventional radiology. Increased understanding of these tools will allow radiology residents and fellows to commu-

nicate more effectively with other staff members, think critically about equipment utilization, and increase their productivity during interventional procedures.

### Suggested Readings

- Kadir S. Teaching atlas of interventional radiology: non-vascular interventional procedures. New York, NY: Thieme Medical, 2006.
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